

Pinehurst Lodge Hotel

Allergen Sheets

Please note each dish with various fillings will be shown without filling then please look for filling to correspond, i.e.

Maple & sesame, then look for King prawns.

Baked Potato, then look for Cheese & onion Chutney. Etc.

Our kitchen team takes every precaution to ensure there is no cross-contamination, but we cannot guarantee this fully.

Please look at our Restaurant Menu where it gives the option of Gluten Free Option or Dairy Free Option the chef will eliminate all the gluten or Dairy in the dish (Must tell server on ordering of an allergy requirement)

Menu Item	Cereals containing Gluten	Celery	Eggs	Fish, crustaceans. Molluscs	Milk	Peanuts	Other nuts	Sesame seeds	Soya	Sulphur dioxide, sulphates,	Mustard	Lupin seeds flour
PROPER SCRAN												
Lasagne	X		X		X				X			
Braised Beef Shoulder		X								X		
Skirlie stuffed chicken (Without sauce)	X											
Maple & Sesame	X							X	X	X	X	
Fragrant curry	X				X						X	
Fajitas	X				X						X	
Plain mac	X				X				X		X	
Hunters mac	X				X				X		X	
Chilli mac	X				X				X		X	
Haggis Neeps & Tatties (without sauce)	X											
Breaded Haddock	X		X	X							X	
Battered Haddock	X		X	X							X	
Scampi	X		X	X							X	
Chilli												
Thai Chilli	X											
Blackened Cajun	X		X		X				X			
Caesar salad	X		X		X							
DELI												
Sanny Brown	X		X		X				X	X	X	
Sanny white	X		X		X				X	X	X	
Sub	X		X		X				X	X	X	
Bap	X		X		X				X	X	X	
Baked Potato			X		X					X	X	
BIG DUGS												
Scalding	X	X	X						X		X	
Bobby	X	X	X						X		X	
Stinky	X	X	X		X				X		X	
Dug	X	X	X						X		X	

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PUDDING – (without ice-cream/ custard etc)												
Sticky toffee pudding	X		X		X				X			
Honey porridge bon bon	X		X		X				X			
Vegan sticky toffee pudding												
Cheesecake	X				X							
Drookit ice cream					X							
SUNDAE'S												
Bonnie Gulsh	X		X		X							
Fair trauced wi fruit	X				X							
Cranachan churn	X				X							
Ice-cream												
Chocolate fudge	X		X		X				X			
Raspberry ripple					X							
Vanilla					X							
Plant based vanilla												
Sorbet												
125ml tubs												
Vanilla					X							
Chocolate					X				X			
Double salted caramel					X							
Mint choc chip					X				X			
Summer strawberry					X							
TOPPINGS												
Raspberry sauce												
Chocolate sauce									X			
Strawberry sauce												
Lotus sauce	X								X			

